

Aubergine, tomato and pepper tray bake



You will need a baking tray or oven dish with sides at least 5cm
The preparation time is about 20 minutes and about 30 mins in the oven.

Ingredients

1 aubergine, red onion, 1 red pepper, 1 tin tomatoes, 1 courgette, chilli sauce, 2 sugar lumps.

Preparation

1. Preheat oven to 180°C.
2. Chop the ends off the aubergine then slice thinly.
3. Peel and finely slice the onion.
4. Chop the ends off the courgette then slice thinly.
5. Chop the stalk end off the pepper then slice thinly.
6. Layer the vegetables into the baking tray.
7. Add the tomatoes and chilli and season to taste.
8. Put in oven and cook until soft.

Serve with baguette. Alternatively, sprinkle the top with breadcrumbs before putting in the oven.

Serves 3-4 Freezes well